



Kids Information and Consent Form

- A fully qualified, registered and insured Osteopath will conduct your child's consultation.
- The Osteopath will ask some detailed questions about your child's complaints. It is important that we know about your pregnancy and child's birth in addition to details about their general health, medical history and medications. **If there are any subjects that you do not wish to discuss in front of your child please inform the Osteopath in advance. You may want to write down any sensitive information to give to the Osteopath. Please ask for a pen and paper if required.**
- In order to examine your child's posture and areas of potential dysfunction, you may be asked to remove your child's clothing down to underwear. Osteopaths aim to identify the root cause of a problem and therefore we may need to examine areas of the body that may not seem directly related. Please feel free to ask if you have any questions.
- **Please note that children under the age of 16 or those not able to understand or consent to treatment themselves will required to have an adult present. By law only the parents/legal guardians are allowed to consent to treatment of a child under the age of 16. Please discuss this with the Osteopath if there is a problem.**
- If appropriate, your child may be asked to perform simple movements to help the Osteopath understand and assess their condition. Babies will have their muscle tone and basic reflexes assessed. The Osteopath will need to use their hands to examine for tension within the body.
- Treatment doesn't hurt the child. Sometimes children may become upset at the 'newness' of the situation. We try to use play as an assessment tool as much as possible to put the child at ease.
- As a parent it is helpful if you can try and keep your child calm. Reading stories, chatting and playing on the treatment couch during the treatment are fine. Sometimes children will be asked to lie down or babies can be held and fed if necessary during the treatment.
- **Please do not hesitate to ask the Osteopath to stop the treatment and explain anything he/she says or does during the appointment.**
- The Osteopath will make a diagnosis, which will be discussed with you.
- After treatment, advice will be given regarding your child's condition.

